

## THE IMPORTANCE OF NURSERY PROGRAMS FOR FEMALE INMATES

## Abstract

? Not sure what this means.

This research literature review gives a connection of other works by other researchers and aims to look at what are the effects of certain prison incarcerations to the health of a child born when the mother is in confinement, through to the mental health of the mother and looks at the maternal needs that a mother will need both prenatal and postnatal. The sources used will provide an intertwined approach to the health of such mothers and the need to have nurseries for the mothers who give birth while in prison. The psychological aspects that surround confinement have been discussed and this research will try and harmonize these studies to come up with a comprehensive report on the effects of having nursery programs for female inmates (Mason, 2013).

2013) investigates the case of one such inmate who received education on maternal health while an inmate and solidifies the benefits that it brings to a prisoner mom. ? Why report on this one study in your abstract?

You must learn how to do in-text citations in APA style.

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**Introduction**

Inmates are incarcerated persons due to criminal convictions. Nursery programs are parenting facilities that are meant to provide parenting skills and education to mothers who have been imprisoned for ~~one~~ reason or the other. The nursery programs in prison are designed to help the inmates who ~~get~~ <sup>have</sup> children during their correctional periods and are expected to take care of the babies while still serving jail terms. The oldest facility to offer nursery programs in the USA was the Bedford Hills women's <sup>1</sup> correctional center that established a nursery program in 1901 to cater for young mothers in the prison. In the event of a mother giving birth, they are allowed to live with the children in a separate facility for a limited period of time. During this period, there is need to give the mother education on parenting skills ~~and~~ also a feel <sup>?</sup> ~~or~~ being responsible for the child. This must be done in a balanced manner because the mother is still an inmate and has to serve her time in jail.

To understand why there is need to look into the importance of having a nursery program, the research looks at statistical evidence of women who have required the attention of midwives and also therapeutic session with a psychiatrist due to the condition that presents itself in times of child bearing and confinement. When we think of the inmate as a mother who will need to hold the baby, there are challenges because once a person has been imprisoned there is need to curtail some of the rights and freedoms as stipulated in the constitution. The child however deserves better care and this means they cannot be held in confinement alongside the mother. Some of the mothers are first time, inexperienced mothers and have little to offer and so much to learn. From

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At this point of view, there is need to set up a facility in every female correctional center to deal with helping the mother and the child during prenatal and post natal treatment and therapy.

### Research questions

The literature review will aim to answer the following research questions

- i. What are the benefits of nursery programs in a correctional center?
- ii. What are the repercussions of failure to offer proper maternal health to an inmate?
- iii. What are the challenges of authorities setting up maternal health facilities/nursery programs
- iv. What are the theoretical basis of having a nursery program
- v. Is it cost effective and relevant for tax payers' money to be channeled towards creating nursery programs?
- vi. What is the overall effect of the already established nurseries?

### Hypothesis

From the above research questions, the research formulated the following hypotheses

what kind?

- i. If a female inmate is offered education and skills in the correctional center, there is a high chance of overall improvement in the maternal health of the inmate.
- ii. The attachment of a mother and a child is very important to the development of a child during the time the mother is held prisoner.

This is not a hypothesis.

*You can't possibly answer all of these questions in this paper. What can I do if you are answering you in this paper?*

*This all needs to be in paragraph format*

*So you are interested only in the mother's outcome?*

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You must write one paper in paragraph format

### The benefits of a nursery program

X

The maternal health of a parent is maintained if the mother is given specialized attention. If this does not happen, cases of trauma may be prevalent because prisons are not the most comfortable ~~laces~~ to have children (Howard et. al. 2010). It is therefore necessary to provide maternal care for the mother in the period that culminates to giving birth for the betterment of the health of the child and the mother.

What, exactly, was this paper about and how does it pertain to your

The traumatic experiences can result ~~in the~~ birth weight of a child dropping drastically and the repercussions can be dire if the inmate is subjected to harassment, which is not a common thing in such facilities. The provision of nursery programs then sees the separation of the inmate from the areas of correctional prisoners to give her time to deliver the baby in less ~~deplorable~~ conditions.

X

The nursery program gives the women education and parenting skills to help her grow with the child in confinement and even after the inmate's eventual release from prison. This is highly beneficial to the woman since this type of education can prove to be worth to a first time mother who has never received any education of being a mother and has no previous experience of handling children.

citation?

citation?

X

The provision of attachment time and bond between the mother and the child can only be possible if the mother is allowed a separate place in the correctional center to give

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the mother and child time together. It can be stigmatizing to have the child develop in the same inmate. *What study examines this? citation!*

The lack of nursery programs can cause a prison to be held liable for the harassment, and *thus it* might be legal liability for the center. Worse *the* health of the mother might be jeopardized and *?* might be a fatality and cause post natal trauma. The availability of a separate facility thus provides a good ground for providing good care for the baby and the mother.

## Rationale

*What research? Be specific use and cite appropriate sources.*

Through research, it is estimated that the number of female inmates who are being held and discovered pregnant is rising. The number of inmates who are pregnant by the time they are *citation.* imprisoned is rising to 4%. This then has called for the creation of correctional centers *nursery* programs. This is ~~the~~ the reason that the prisons have set up programs aimed at giving ~~the place~~ a separate facility that requires that the health issues of all pregnant mothers held in separate facilities. This proves a challenge to prisons as there is no clear federal rule or state policy in *?* making of the facilities open. Most of the correctional facilities however *?* *?* have provided a small facility handling up to a minimum of seven babies. This is as a result of the increased rise in women imprisonment and the rising number of cases of pregnancy.

A nursery program goes beyond the time which the mother and the infant need so much *in* help. It is supposed to extend to if the mother needs the child to stay around the correctional center for long periods. This means that the nursery needs to have other facilities or the children. *??*

Some correctional centers have leased nearby centers to take care of the inmates with children *?* but this has proven to be double standard for the lives of those supposed to be serving jail terms. *citation.*

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This has risen to the point of the government commissioning the creation of such facilities as a result of necessitation. *Citation?*

Danbury CT houses a correctional center that runs a residential program for infants and mothers. This way, the correctional center has integrated a whole center into a child and mom's center and helped to curb the economic viability of the program. *Citation?*

### Theoretical rationale of the nursery program

The attachment theory is applicable to moms and their infants. It is one of the most empirical grounded theory of parenting. Attachment theory states that whether children will have a secure or insecure attachment style depends on how stable their interactions are with their main caregiver, who is usually the child's mother (Bowlby 1985). This assertion then dictates that a child will need in attachments and the feeling of closeness to a mother or caregiver in order to develop cognitively in life. The lack of attachment may cause aloofness and development may lead to strained adult relationships that are a cause of crime and other vices.

In as much as there is no way to measure the viability of the program, it is clear that the idea is well thought and therefore it must be viable in terms of economic allocation. This is a project that has been supported by both the federal and state departments. Most correctional centers that have female inmates have taken up the idea of the nursery program and used it to help the inmates who have children develop a sense of parenthood while still serving their terms.

→ If so, then there should be studies absent this.

*of course there*

*What does  
this have to  
do with your  
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This literature review proves that the life of mothers in prison should be taken into

consideration and the psychological effects be mitigated by the intervention by medics and

psychiatrists. This way, the hypotheses of the literature review are proven to be true and viable if

the state takes up the idea of nursery programs in this female correctional centers.

Again I "true" and "viable" don't have anything to do with a lit review

You didn't say anything about these professions in your literature review.

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- \* You must format your reference section in APA style! This is a matter of attention to detail. Your capitalization and italics are not correct in any of these citations.
- ① You cannot use a paper in your reference section that you didn't use in your paper! You must use and cite each paper in the body of your literature review.